SHIT FLOW DIAGRAM (SFD)

The shit flow diagram (SFD) of urban municipalities represents the sanitation status of the municipalities across the sanitation value chain. FS generated by 53% of the population is safely managed (Green). Initially, 64% of the FS is safely contained but the percentage decreases to 49% when FS generated by 15% of the population is emptied. This implies that 49% of FS are considered safely managed and remains safe until emptied. Furthermore, 1% of Wastewater (WW) is considered treated in Wastewater Treatment Plant (WWTP) and 4% of FS are considered treated primarily from biogas digesters and Faecal Sludge Treatment Plant (FSTP). The emptied FS remains safe depending on the emptying mechanism and the available treatment options/facilities.

Overall, FS generated by 47% of the population is managed unsafely (Red). This includes 1% WW not treated, 1% Supernatant (SN) not delivered to treatment plant, 6% WW not delivered to treatment plant, and 1% FS not treated. Additionally, 17% of emptied FS (11%-FS contained, 6%-FS not contained) is not delivered to treatment plant. Likewise, 20% of FS is neither safely contained nor emptied which increases the environmental risks. Furthermore, 3% of the population still practice open defecation, exacerbating sanitation challenges. These findings highlight critical gaps that must be addressed to mitigate environmental contamination and public health risks associated with inadequate FS management practices.



RECOMMENDATIONS

Infrastructure Upgrade:

• Retrofit and replace unsafe containment systems with appropriate techniques and technologies such as septic tanks, biogas digesters, and twin pits.

Promote Mechanical Desludging:

• Advocate for providing desludging services in the municipality where the services are not available, along with its formal registration and proper regulation.

Construction of treatment facilities:

• Construction of treatment facilities to ensure the safe and effective management of faecal sludge, addressing critical gaps in treatment and disposal.

• Ensure safe disposal by ensuring proper operation and maintenance of the treatment facilities.

Regulate Sanitation Service:

- Promote regular emptying of containments, ideally at least once every 3 to 5 years, to prevent over flow and ensure proper functioning.
- Formulate and enforce policies and regulations mandating the use of safe sanitation technologies in new construction or renovations.

SANITATION SYNOPSIS OF URBAN **MUNICIPALITIES OF NEPAL 2024**



DEMOGRAPHICS



ABOUT

OF THE STUDY

METHODOLOGY

OF THE STUDY

• A study on Faecal Sludge Management (FSM) was conducted in 65 municipalities of Nepal as part of the Municipalities Network Advocacy on Sanitation in South Asia II (MuNASS II) program. MuNASS II was implemented in Nepal, with the financial support from the Bill & Melinda Gates Foundation (BMGF), executed by United Cities and Local Governments Asia Pacific (UCLG ASPAC) and implemented by the Municipal Association of Nepal (MuAN), with Environment and Public Health Organization (ENPHO) as a technical partner. This sanitation study was carried out in selected municipalities of 7 provinces covering 3 geographical regions of Nepal.

OBJECTIVE The study aimed to assess the sanitation conditions with a focus on the faecal sludge management (FSM) and develop Shit Flow Diagram (SFD) for selected 65 municipalities in Nepal.

> 🗛 A total of 65 municipalities were selected out of 293 including Metropolitan, Sub-Metropolitan and municipalities, using purposive stratified random sampling. The municipalities were selected based on the criteria developed considering agro-ecological zone, provincial municipality ratio, municipalities with varying establishment years, population density, and heterogeneous geographical spatial distribution to ensure representativeness. In each selected municipalities sample sizes were determined using statistical formula considering Confidence Level of 95% and error of margin at 5%, with households proportionally distributed across municipal wards (stratum). Systematic random sampling was employed for sample selection within each stratum.

Local enumerators, selected by the respective municipalities, were trained and mobilized under the close supervision of the technical team at ENPHO in coordination with respective municipalities and MuAN. Quantitative data was collected using a mobile application-based questionnaires set while qualitative data was collected through Key Informant Interviews (KIIs) and direct observations of sanitation systems. The key stakeholders were involved throughout the process to ensure accuracy and reliability.

This methodology ensured a comprehensive and representative assessment of sanitation status of the municipalities, combining statistical rigor and engagement of relevant stakeholders for accuracy and validation of the information collected.

• Nepal is a landlocked country in South Asia, nestled in the foothills of the Himalayas. It is bordered by China in North and India in the East, South, and West. It lies between approximate coordinates of 26°22' to 30°27' N latitude and 80°4' to 88°12' E longitude. Nepal occupies 0.03 percent of the Earth's total land area and 0.3 percent of Asia's total land area. Topographically, it is divided into 3 regions: Hill, Himalayan, and Terai, and administratively divided into 7 provinces, 77 districts and, 753 local governments including 6 metropolitans, 11 sub-metropolitans, 276 municipalities and 460 rural municipalities. Nepal has a diverse geography, including fertile plains, forested hills, and eight of the worlds ten tallest mountains, including Mount Everest.

NEPAL PROFILE

MAP OF NEPAL WITH STUDIED MUNICIPALITIES



U			
संकलन (User Interface)	ढल (Sewer)	भण्डारण (Containment)	रित्या3ने र ढुवानी (Emptying & Transportation)

The Sanitation Service Chain (SSC) is a comprehensive service framework delineating the sequential stages

USER INTERFACE FACILITY

The sanitation facility, commonly referred to as toilet, serves as collection points for human waste and directs it to either offsite or onsite sanitation system. The findings show that 3.05% of the households (HHs) do not have access to basic sanitation facilities.

Among 6.55% of offsite sanitation, 5.63% are connected to sewer network, and 0.92% are illegally connected to open drains and water bodies, while about 90.40% of the HHs toilets are connected to onsite sanitation systems. Meanwhile, those containments which are connected to sewered network and open drain (4.70%) are also taken as onsite sanitation in this study.



Public Toilet Community/Shared Toilet Neighbor's Toilet Open defecation



oilet structure at house

CONTAINMENT

The human waste collected from toilet is stored in different types of tanks for certain time period which is known as containment, and the accumulated human waste in it is termed as faecal sludge (FS).

The HH having onsite sanitation system have installed different types of containments, substantial proportion of the HH have built unsafe containments as lined tank with impermeable walls and open bottom, followed by unlined pit and single pit. Additionally, direct pit is installed by a negligible proportion of HH. These containments are considered unsafe as it holds high risk of groundwater contamination due to leachate percolation through their permeable bases. Fully lined tank is installed by significant proportion of the HH. Only a small proportion of HHs have installed safe containment, such as septic tanks, biogas, and twin pits.





of faecal sludge management from excreta generation to safe disposal. It encompasses five key phases:

EMPTYING AND TRANSPORTATION

Regular emptying is essential for maintaining the functionality of these containments. The survey reveals that only 23.41% of HHs have emptied their containments at least once since installation. The containments are emptied in different time intervals, where 34.98% are emptied in an interval of 3 to 5 years. The emptying mechanism varies as per the containment types which is shown in the graph.



Emptying Mechanism



2.38% of FS are mechanically emptied municipal and private desludging ervice providers.



5.52% of FS are manually emptied, self or traditional sanitation workers)

.10% practice open emptying where S is disposed into open drain, water s, and open ground.



Open emptying Mechanical Manual







ervice No. of serv No. of veh Capacity o Average nu per day pe Service cha



TREATMENT

Biogas digesters, if functioning properly, are regarded as safe and considered capable of treating faecal sludge. However, FS stored in other types of containments requires treatment. The findings show that only about 22% of the sampled municipalities have treatment options available, 11% of them are faecal sludge treatment plant (FSTP), and 6% wastewater treatment plant (WWTP), and 5% have co-treatment facilities.

Charali FSTP, Mechinagar Municipality

Availability of Mechanical Desludging Service Providers

No: 30.7%

Details of desludging services in surveyed municipalities

rovider	Municipality	Private
vice providers	19	120
icles	19	170
f vehicles (litres)	2500-5000	2500-9,000
umber of trips r vehicle	5	7
arge per trip (NPR)	1500-7,000	1500-18,000

collection, containment, emptying and transportation, treatment, and reuse/safe disposal.

SAFE DISPOSAL OR REUSE

The mechanically collected FS are usually taken to treatment plant, if available. In places where treatment plants are not available or not functional, the disposal practices of mechanically emptied FS vary. As per the KII findings, some desludgers directly applied it to farms, water bodies, and forests without any treatment. Meanwhile, the majority of HH who practice manual emptying dig and dumped the FS, followed by direct application to farm, and composting. Small proportion of HHs illegally disposed the FS into water bodies, and nearby open or stormwater drains. This practice of direct application in farmland, disposal in water bodies, and open drain increases risks to the environment and public health.





ESTIMATION OF FAECAL SLUDGE

The estimation of faecal sludge production was derived based on containment volume and average emptying frequency. Notably, faecal sludge from biogas digesters which does not require emptying like other containments, was excluded from the calculation.

Total estimated volume of FS generation in the urban municipalities of Nepal: 5,483,632 m³ per year which is 15,024 m³ per day.

Total estimated volume of FS emptied: 1,335,624 m³ per year which is 3,659 m³ per dav.

Total estimated volume of mechanically emptied FS: 786,499 m³ per year which is 2,155 m³ per day.

Total estimated volume of manually emptied FS: 371,634 m³ per year which is 1,018 m³ per day.

Total estimated volume of FS emptied by open emptying: 177,491 m³ per year which is 486 m³ per day.

Summary on faecal sludge produced, emptied, and transported in Urban Municipalities (cubic metre)



